



Together We CAN End Hunger



Please call for hours of operation and requirements, before visiting food sites.

ROWAN PANTRY LIST

Big Elm Retirement Inc	905 McKnight St, Kannapolis, NC	704-933-5862	Produce 2nd W 10-1 and Food Pantry M & F mornings until gone. Call for more information.
Freedom Christian Worship Center	509 China Grove Highway E, Rockwell, NC	704-267-5197	W, 8:30 to 12
Gethsemane Food Outreach	1114 W. Horah St, Salibury, NC	704-637-6036	W, 10 to 1:30
Grateful Heart Community Svc	706 Dunns Mountain Rd, Salisbury, NC	704-209-2257	Tues & Thurs, 5 to 6
Rock Hill SDA Hispanic	728 Southwest St, Salisbury, NC	704-307-8925	Sat, 3 to 6
Rowan Helping Ministries	226 N.Long St, Salisbury, NC	704-637-6838	M - F, 9 to 3:30
Rowan Helping Ministries West Pantry	785 Grampian Rd., Mt Ulla, NC	704-637-6838	Fri 9-11
Salvation Army /Salisbury	620 Bringle Ferry Rd, Salisbury, NC	704-636-6491	M - Thurs, 9 to 12 & 1 to 5, F 9 to 12
South Side Community Outreach	157 Columbus Ave, China Grove, NC	704-792-5586	Tues, 12-3
Shadybrook Baptist Church-Kannapolis	1009 Oakwood Ave, Kannapolis, NC	704-932-6169	Thurs, 1 to 3
Stallings Memorial Baptist Church	817 S. Main St., Salisbury, NC	704-642-9781	Thurs, 2 to 3

SOUP KITCHENS

Rowan Helping Ministries	226 N. Long St, Salisbury, NC	704-637-6838	Daily Lunch 12 to 1
South Side Community Outreach SK	157 Columbus Ave, China Grove, NC	704-792-5586	T, 12 to 3

TO GET HELP: SecondHarvestMetrolina.org

- Click "Find Food Near You" at the top of the homepage
- Click the pin points on your location for more information